RELEASE AND DISCHARGE ACCEPTANCE OF RESPONSIBILITY AND ACKNOWLEDGEMENT OF RISKS

In consideration of the services of Jig Rock Ranch, LLC, a Limited Liability Company ("Company") and being permitted to access lands controlled by it, the rate charged for those services and the right to engage in the event as a participant and /or volunteer, I, for myself, my heirs and personal representatives, do hereby fully and forever release, waive, and discharge, and covenant not to sue the Company and others associated therewith, including but not limited to their managers, employees or agents, land owners, and all persons whomsoever, directly or indirectly, liable for any and all claims, demands, actions, causes of actions, damages, costs, loss of services, expenses, and all other claims of damage whatsoever and of whatever nomenclature, both in law and in equity, on account of or in any way resulting from personal injuries, conscious suffering, death or property damages sustained by me and arising out of or associated with my engaging in Company activities or accessing Company controlled lands ("Company lands") or from any activities associated with my use of Company lands, including but not limited to all claims for negligent acts and excepting only injury and death resulting from willful misconduct.

I covenant and agree to assume the full responsibility for and risk bodily injury, death, or property damage relating to my Company activities and the use of Company lands, and expressly agree that this release is intended to be as broad and inclusive as permitted by the laws of the State of Minnesota.

I further covenant and agree to indemnify and hold harmless Jig Rock Ranch, LLC, a Limited Liability Company, and all others associated therewith, including but not limited to their managers, employees or agents, land owners, and all other persons whomsoever, directly or indirectly, liable from any and all claims, demands, actions, causes of action, damages, costs, loss of services, expenses (including attorney fees) and all other claims of damage whatsoever and of whatever nomenclature, both in law and in equity, on account of or in any way resulting from personal injuries, conscious suffering, death or property damage sustained by me and arising out of my Company activities and my accessing Company lands, including but not limited to all claims for negligent acts and excepting only injury or death resulting from willful misconduct.

In doing this, I warrant and certify that:

1.I have sufficient health, accident, and liability insurance to cover any bodily injury or property damage I may incur and to cover bodily injury or property damage caused to a third party. If I have no such insurance, I certify that I am capable of personally paying for any and all such expenses or liability.

2.I am aware that this activity entails known and unknown risks of injury to myself and a risk of injury to spectators, participants, or other third parties as a result of my actions, and I agree, covenant and promise to accept and assume all responsibility and risk for injury, death, illness, or disease, or damage to myself, to others or to my property, arising from my participation in this activity. My participation in this activity is purely voluntary, no one is forcing me to participate, and I elect to participate in spite of the risks.

My signature below indicates that I have read this entire document, comprehend it completely, understand that it affects my legal rights, and agree to be bound by its terms, recognizing that if I am hurt or killed, no right will exist to make a claim or file a lawsuit pertaining thereto.

Name	
Phone Number	
Address	
Sign and Date	